



# WebcastIntroduction to Effective Remote WorkDifferentiating between Sudden and Sustainable

### **Summary**

This webcast will explain the fundamental differences between sudden and sustainable remote work, and the essential skills and practices needed to succeed in both situations.

### **Objectives**

- 1. Recognize the <u>differences</u> between sudden and sustainable remote work.
- 2. Determine strategies for immediately improving three competency areas critical to remote work success: Focus, Communication, and Productivity.
- 3. Identify a <u>plan</u> for leveling up to sustainable remote work.

### **Optimize this Experience**

- Pause distractions as much as possible.
- Focus on the presentation.
- Reflect on your own experiences.
- Participate.
- Choose tiny actions to improve remote work skills.
- Share what you learn.

#### What is one thing you want to get out of this presentation?

What are some of the differences between <u>unexpected</u> remote work and <u>sustainable</u> remote work? Why are these differences important?







# How do I focus when there's so much going on?

Remote Work Competency	Definition
Focus	Ability to focus attention in a distributed environment, among distributed tasks and demands.

### What's on your mind right now?

What are your biggest challenges when trying to focus?

### **One Tiny Action (#OTA)**

What's one thing you can do today to improve your focus?	What's one thing you can do today to help others improve their focus?



Level Up: Create a Boundaries Agreement

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Remote Work Competency	Definition
Communication	Ability to effectively interpret and convey messages in all modes (interpretive, presentational, interpersonal), both synchronously and asynchronously.
Channel & Mode Switching	Ability to choose appropriate communication channels in a remote setting.
What channels do you use for communication?	

What are your biggest challenges when communicating?

### **One Tiny Action (#OTA)**

What's one thing you can do today to improve your communication?	What's one thing you can do today to support others in improving communication?



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# How am I going to get my work done at home?

Remote Work Competency	Definition
Productivity	Ability to comprehend and meet expectations for performance and productivity in a distributed environment.
Autonomy	Ability to proactively carry out work and communication using critical thinking and problem-solving.

How is your performance measured?

What are your biggest challenges when it comes to productivity?

## **One Tiny Action (#OTA)**

What's one thing you can do today to improve your productivity?	What's one thing you can do today to support others in improving productivity?

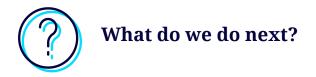


Level Up: Update Performance Expectations

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Which of these areas do you think your company needs to address the most in order to support sustainable remote work?

MINDSET

INFRASTRUCTURE

EDUCATION

**One Tiny Action (#OTA)** 

What's one thing you can do today to move toward sustainable remote work?	What's one thing you can do today to support others in moving toward sustainable remote work?



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### RESOURCES

#### **Blog posts:**

Preparing for Emergency Remote Work

Preparing for Emergency Online Learning

Kid Approved! Tips to Get Work Done from Home

<u>Supporting Psychological Safety and Culture in the Midst of Emergency Remote Work</u>

#### Learning Experiences:

Unexpected Remote Work

Workplaceless Remote Work Certification

<u>Leadplaceless</u>

**Trainplaceless** 

Program brochure (including Workshops)

### Webinar:

<u>Optimal Learning & Development Strategies for Remote & Hybrid Teams</u>

#### Other:

<u>Remote Work Dictionary (App)</u> <u>Remote Work Competency Model</u> <u>Remote Readiness Assessment (for Businesses)</u> <u>Remote L&D Planning Guide</u>

#### Tools:

<u>MURAL</u> for virtual collaboration and whiteboarding <u>Klaxoon</u> for engaging online meetings <u>Freedom</u> to block distractions <u>Krisp.ai</u> to block background noise in video calls <u>Caveday</u> for focused, deep work sessions