

Are You and Your Employees Open to Think?

Dan Pontefract

Author, Thinker, Chief Envisioner of
TELUS

Email: `dp@danpontefract.com`

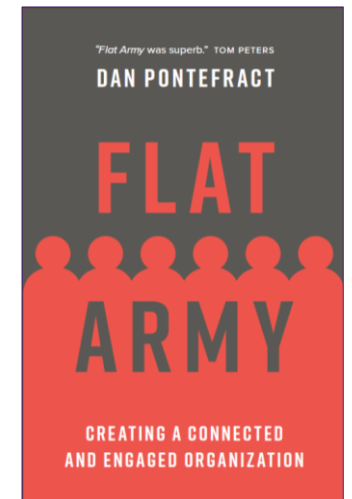
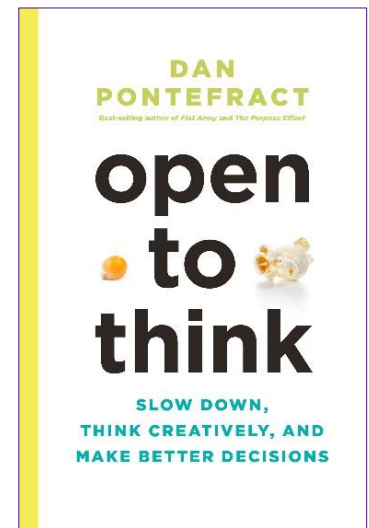
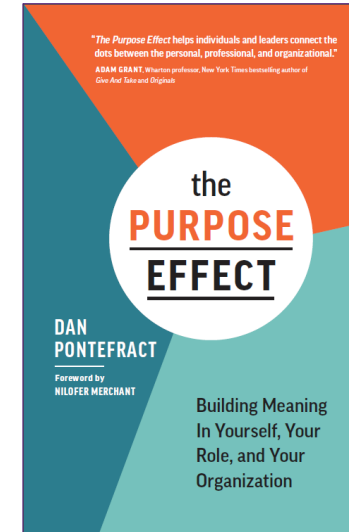
Web: `www.danpontefract.com`

Mobile: `604.838.5894`

Twitter: `@dpontefract`

Facebook: `@danpontefractauthor`

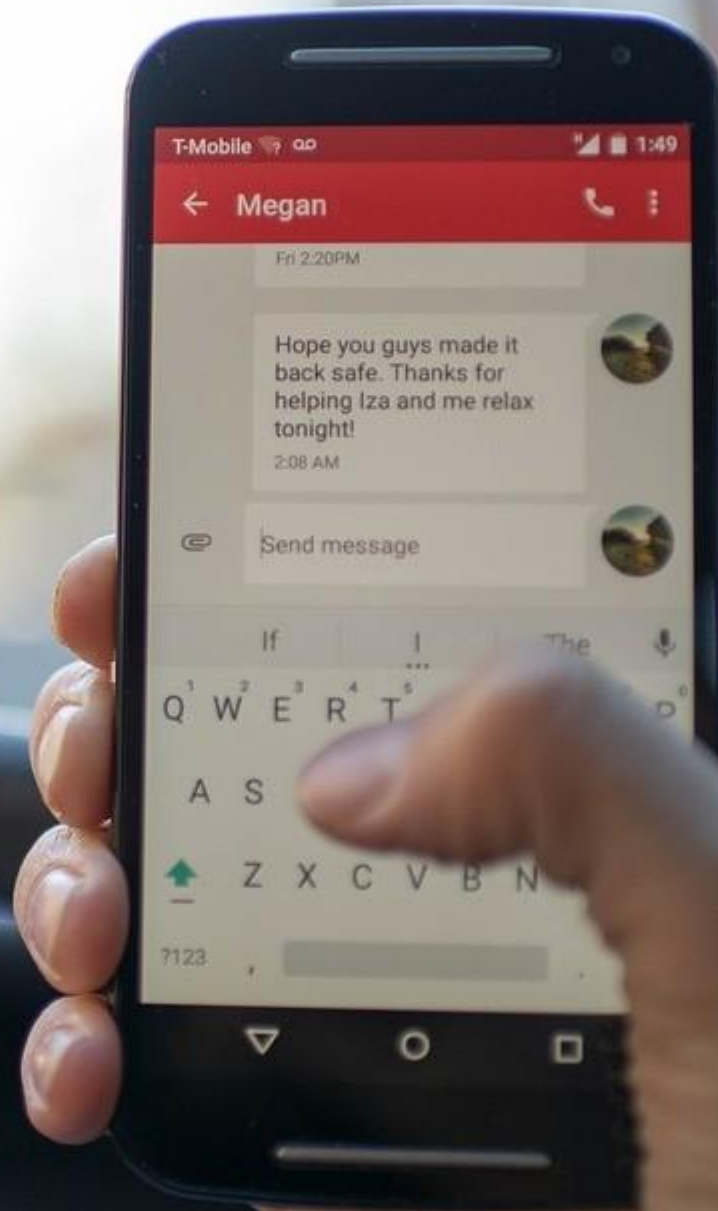
Instagram: `@dan.pontefract`



TODAY'S REALITY



LACK of THINKING



OUTSOURCED THINKING



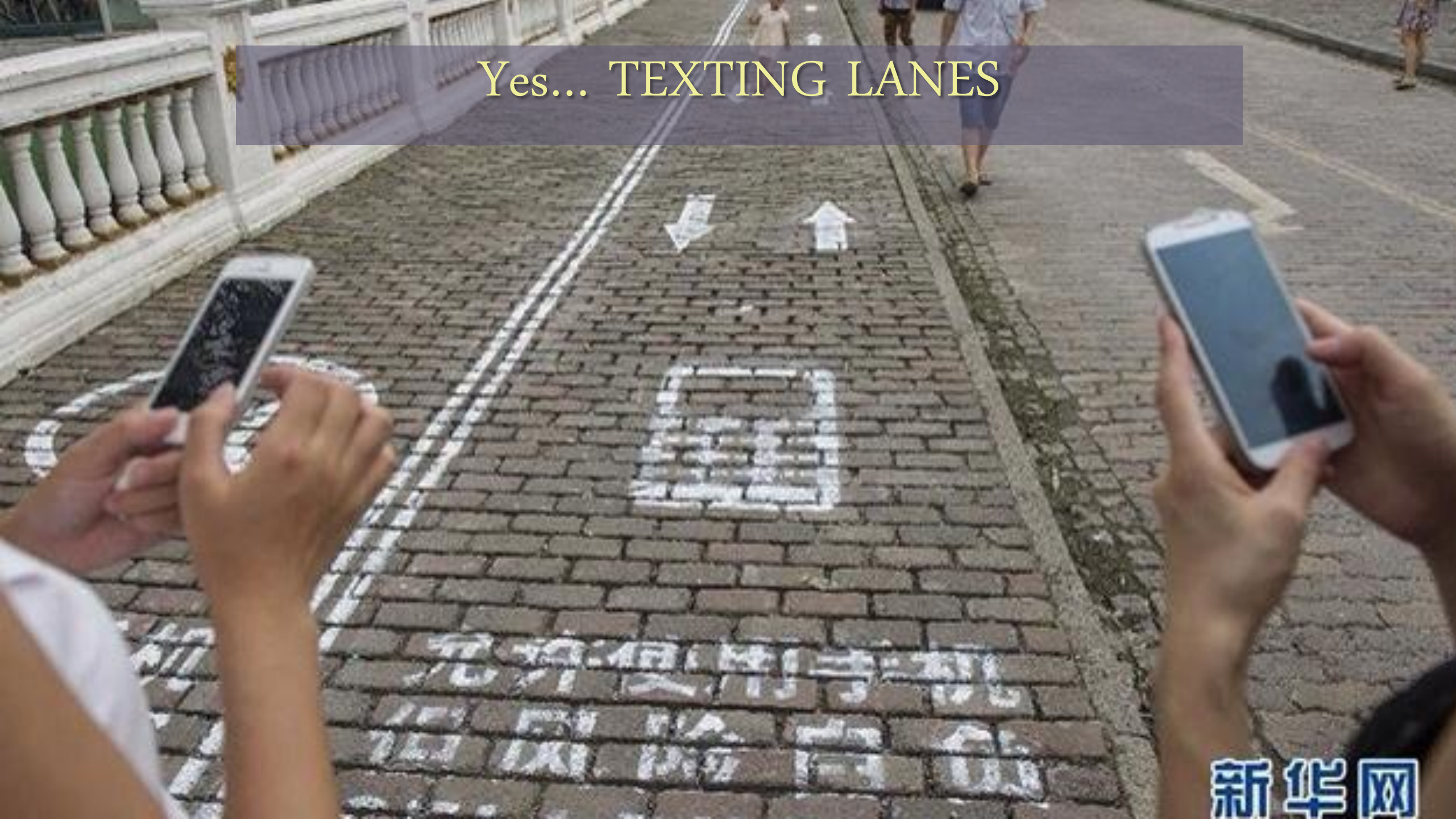


DISTRACTED
THINKING

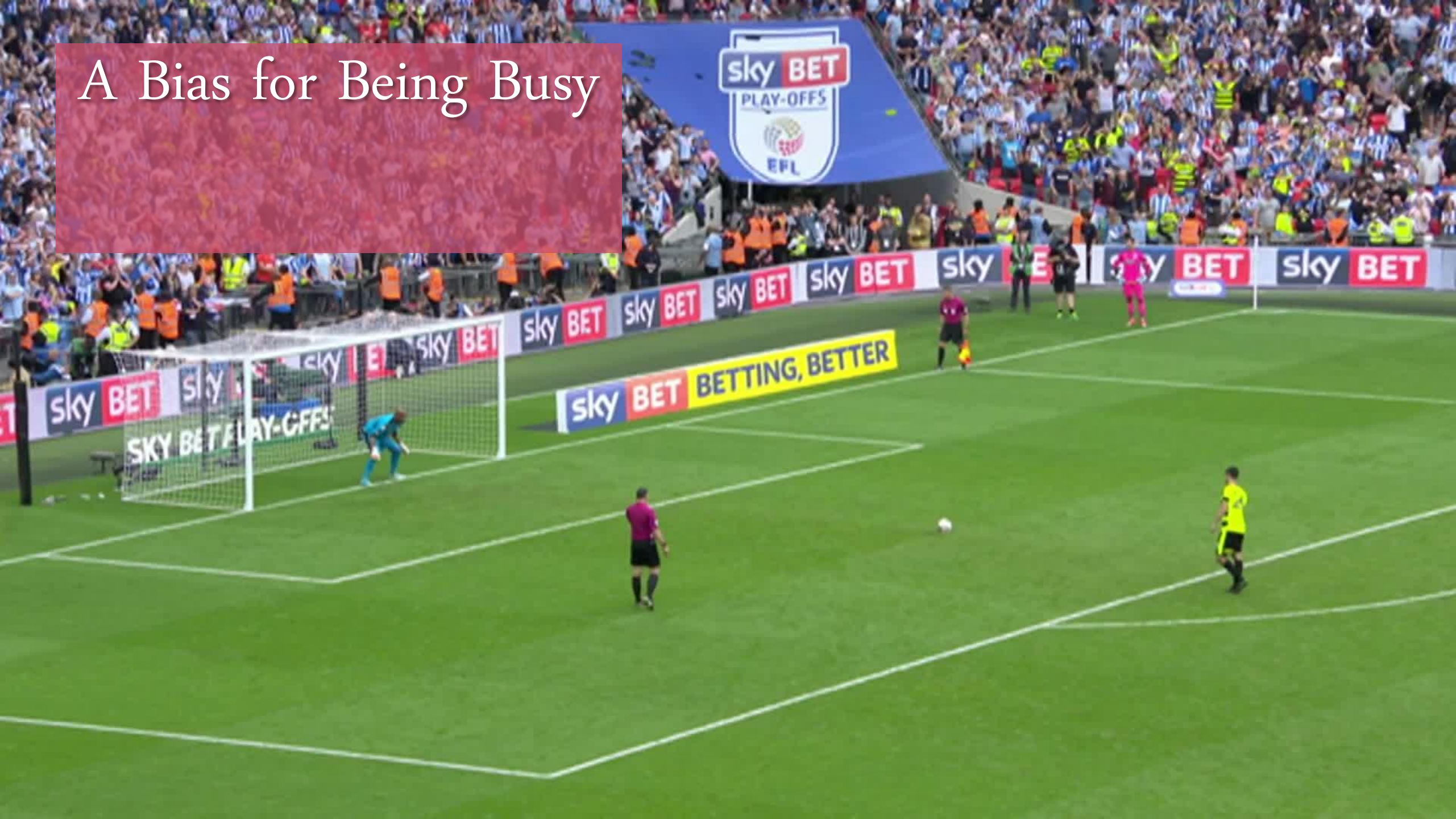


Corporate ADD

Yes... TEXTING LANES



A Bias for Being Busy



The Busyness of Meetings



71% - meetings are unproductive & inefficient.

Harvard Business School

70% of workers spend at least 30 minutes a day working in bed.

Infosecurity Europe

37% of employee time is spent in meetings.

National Statistics Council

64% - meetings come at the expense of deep thinking.

Harvard Business School

73% of employees do other work in meetings.

Atlassian

1/3 of all employees suffer from chronic stress.

APA

About Always Being On & Busy

In 2018, the total number of emails sent and received per day will exceed 281 billion, and is forecast to grow to over 333 billion by year end 2022.

Radicati

Each day, the average office worker receives 121 emails and sends out 40.

DMR

55 billion messages are sent per day on WhatsApp, 4.5 billion photos are shared and 1 billion videos.

WhatsApp

173 million daily users of Snapchat create more than 20 messages, or “snaps,” per day.

Snapchat

46% - have difficulty concentrating in the workplace.

Mental Health America

57%, 56%, and 50% of Executive (E), Midlevel (M) and Frontline(F) employees, respectively, state that job stress regularly affects their personal relationships.

Mental Health America

77% - “Always or Often” spend between 31-40 hours a week distracted at work.

Mental Health America

GALLUP®

Engaged

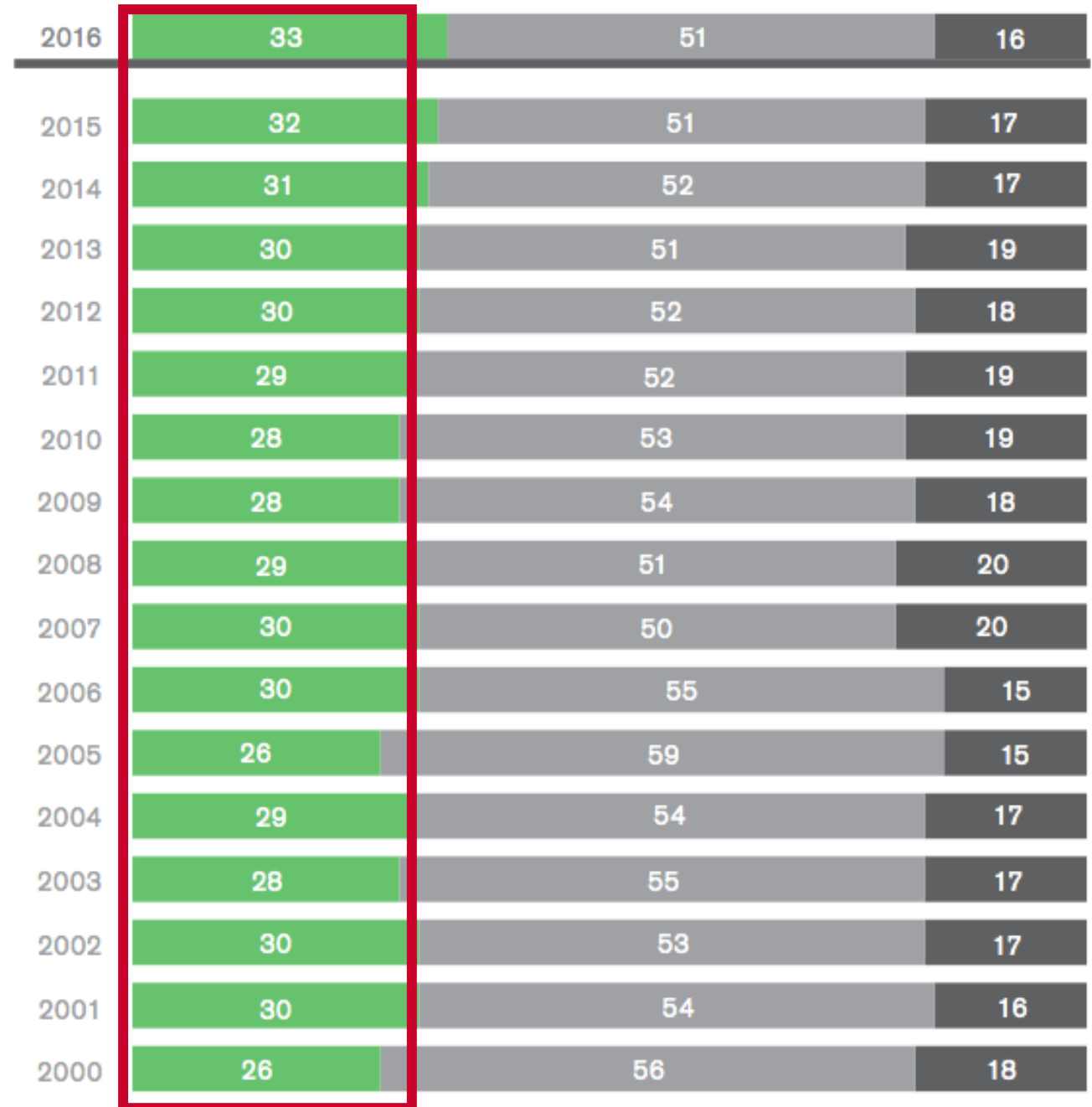
versus

Not engaged

versus

Actively disengaged

■ % Engaged ■ % Not engaged ■ % Actively disengaged





What To Do?

COLLEGE OF ARCHITECTURE AND PLANNING

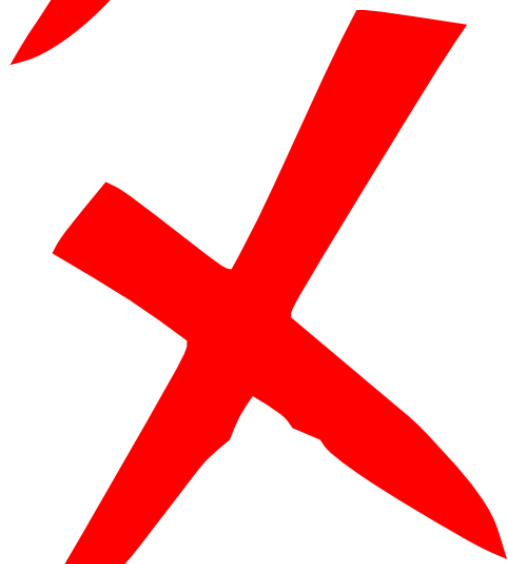
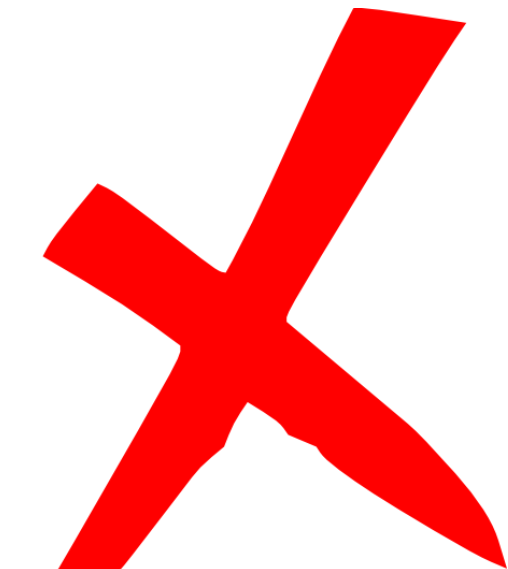
REFLECTION

A misty, atmospheric landscape featuring several large, leafless trees with intricate branch structures. The trees are situated along a body of water, which perfectly reflects their forms, creating a symmetrical effect. In the background, a single lamppost and a small wooden structure are visible through the haze. The overall color palette is muted, with greys, browns, and soft blues, contributing to a serene and contemplative mood.

ACTION



Reflection



Action





POPCORN!

Reflection



Action

REFLECTION

INDECISIVE

20%

OPEN
THINKING

10%

INDIFFERENT

20%

INFLEXIBLE

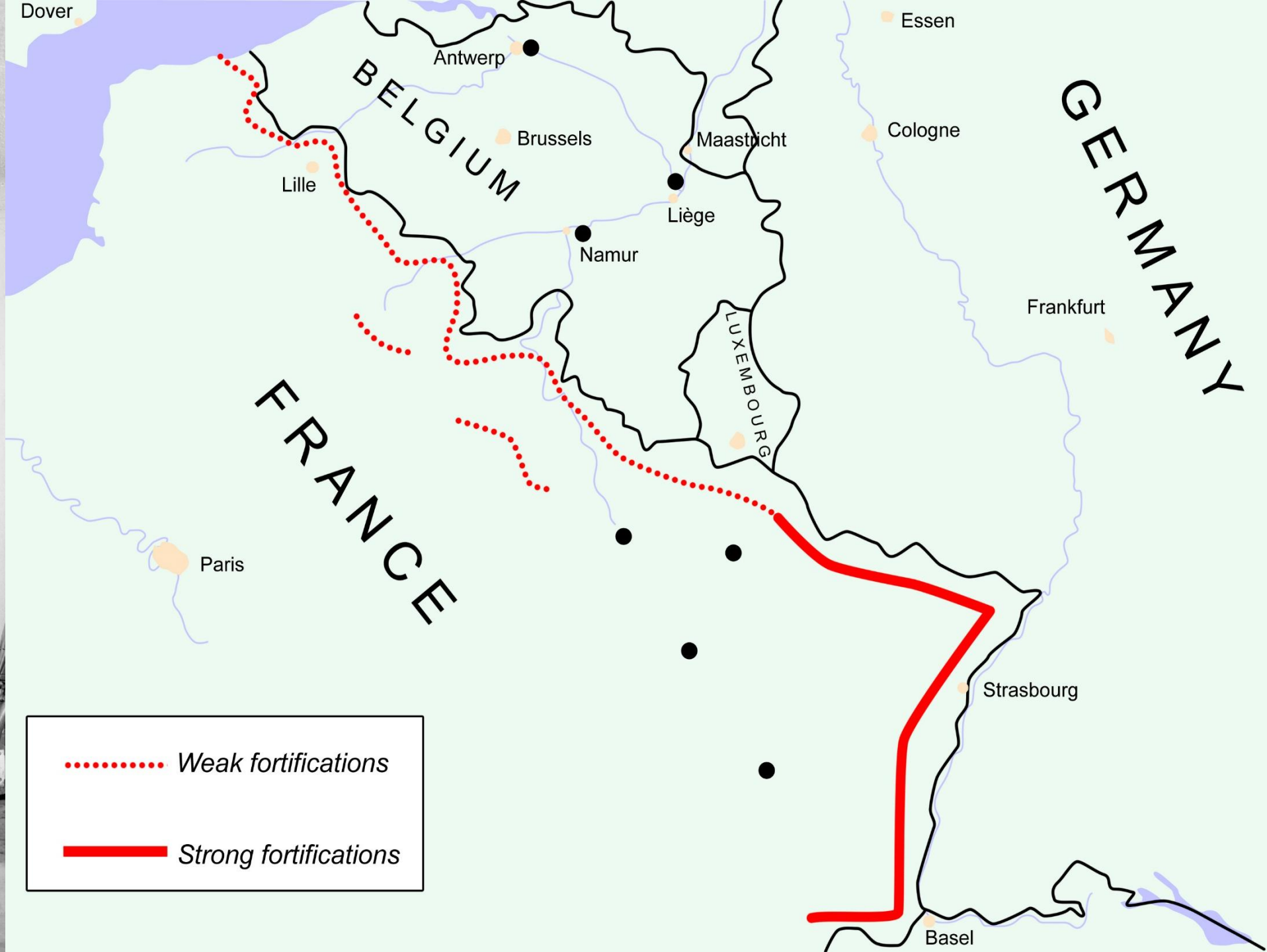
50%

ACTION





Keating G





EMERGENCY ALERTS



Emergency Alert

BALLISTIC MISSILE THREAT INBOUND TO HAWAII. SEEK IMMEDIATE SHELTER. THIS IS NOT A DRILL.

Settings

DREAM

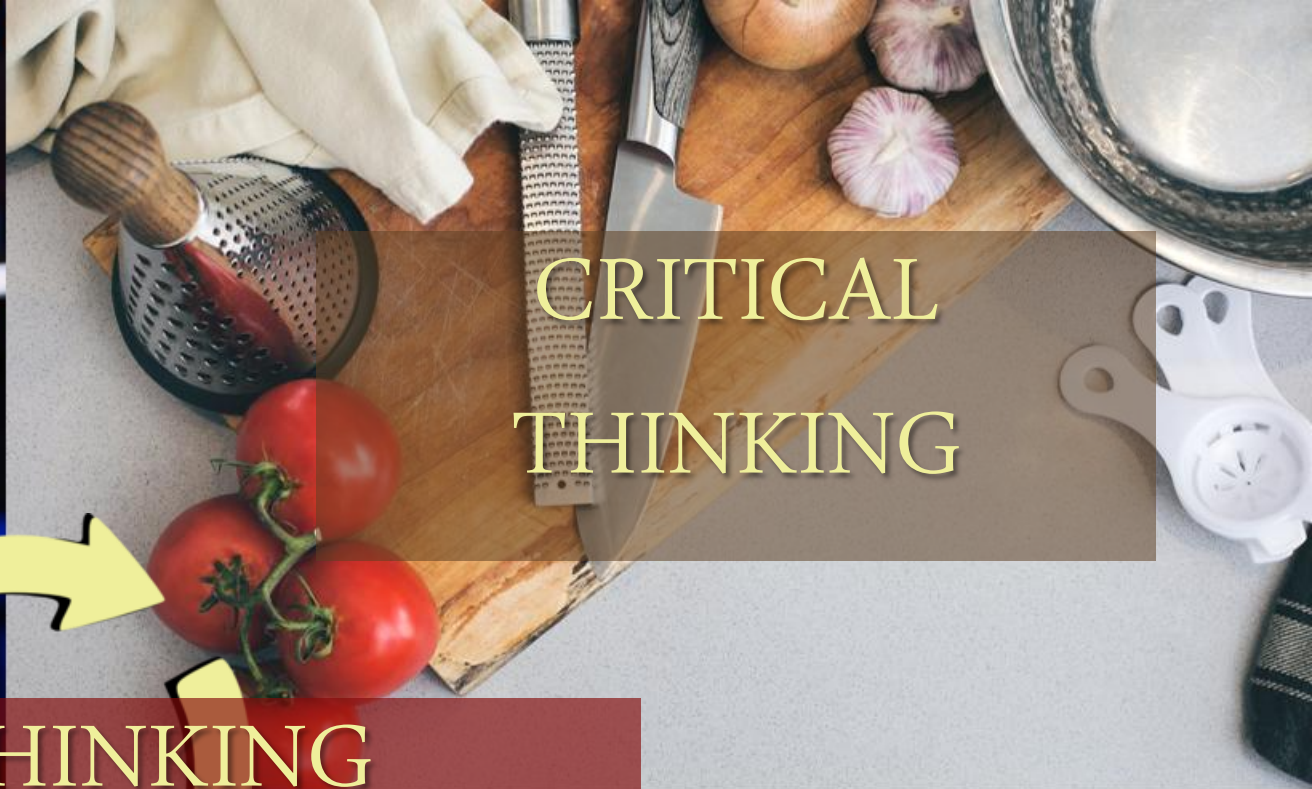
DECIDE

REPEAT

DO



CREATIVE
THINKING



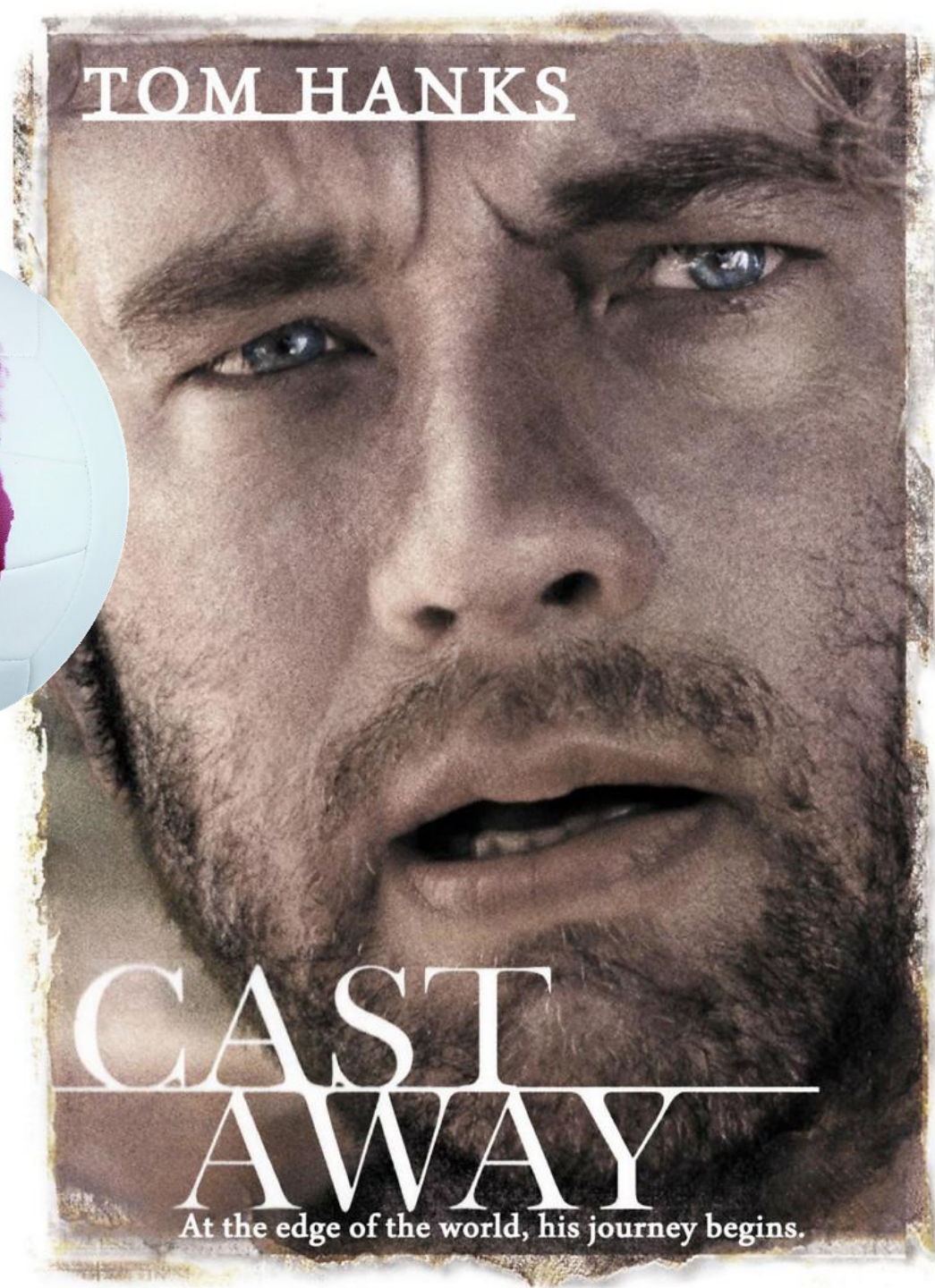
CRITICAL
THINKING

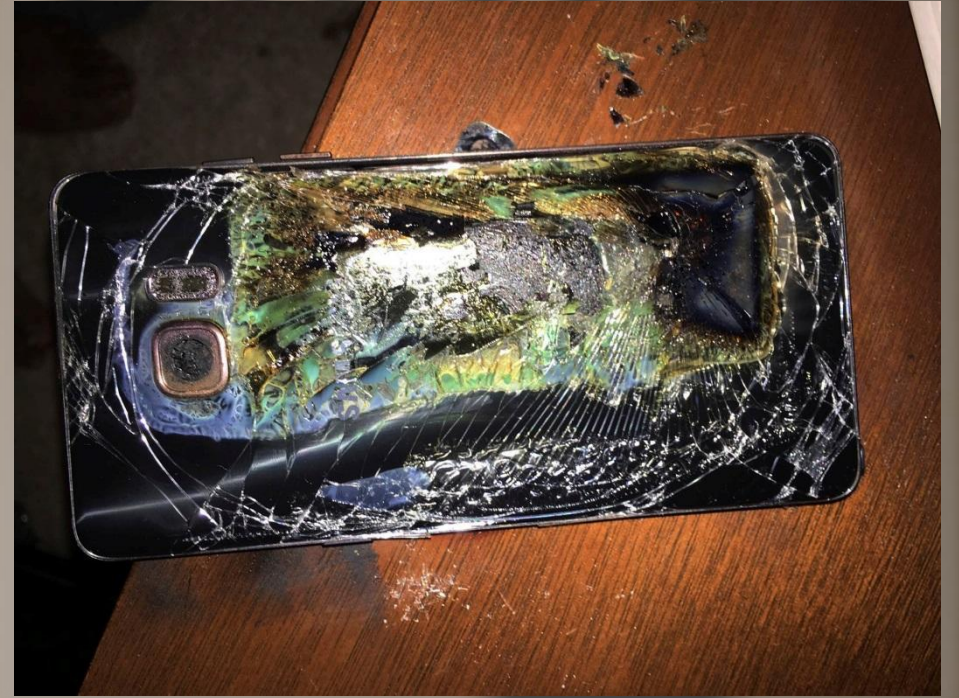
OPEN THINKING



APPLIED
THINKING







\$5.3 billion

Creative Thinking Questions

- Do you take the time to pause, to reflect?
- Do you allow your mind to wander?
- Are you organized?



or

- Do you jump straight to action?
- Are you too busy to ideate or brainstorm?
- Are you disorganized?



Critical Thinking Questions

- Do you have all the facts before deciding?
- Are you willing to revisit a decision?
- Are you in charge of your demeanour?



or

- Do you rely on opinion & hearsay only?
- Are decisions set in stone & inflexible?
- Are you too distracted to make a decision?



Applied Thinking Questions

- Are you acting with reserve & patience?
- Are you flexible in the moment of acting?
- Does life/work feel like it is manageable?



or

- Is it action all the time without pause?
- Can you pull back, and change course?
- Is it a frenetic, non-stop train of busyness?



How to Become the Open Thinker





You

Write it down. You won't recall everything.

Stop over-programming your every minute.

Network. Engage others. Say hello in an elevator.



Org

Time to learn: formal, informal & social.

Time for mind wandering & dreaming.

Collaborative cultures unleash Creative Thinking.

You

Take control of your
decision time.

Arm yourself with as much evidence/truth as is possible.



Org

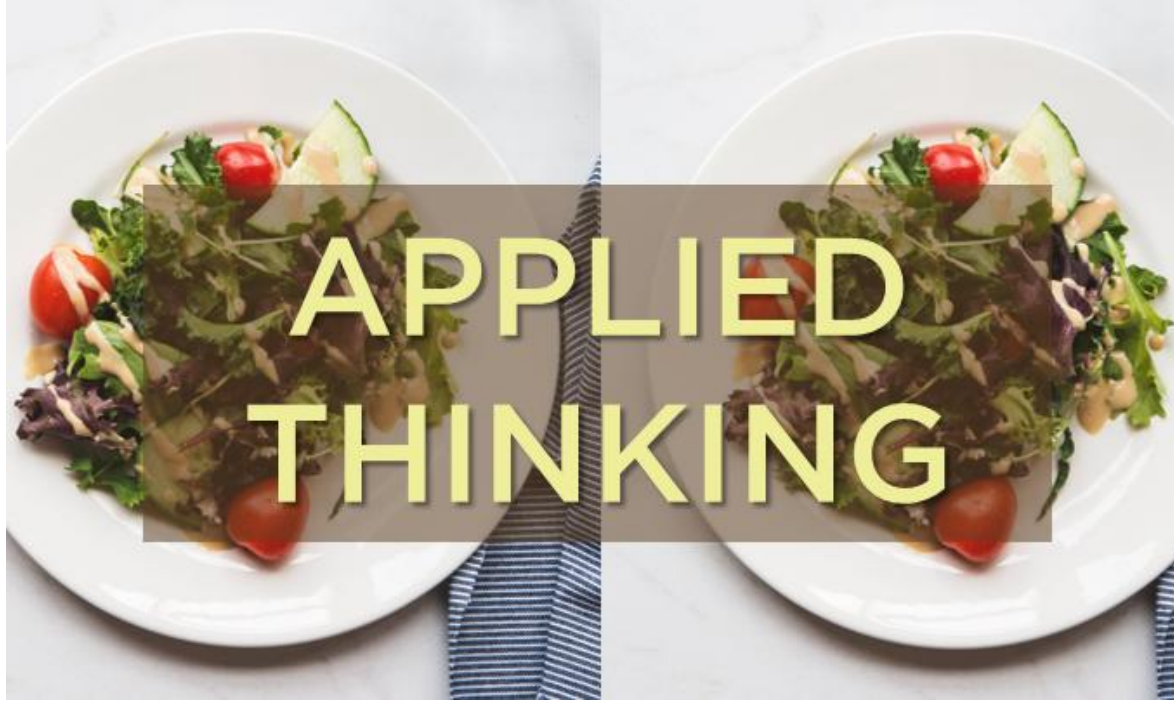
Share your organization's
failures.

Build a Critical Thinking employee
guidebook.

You

Get organized.
A messy self is an unapplied
self.

Be focused. Eliminate the distractions.



Org

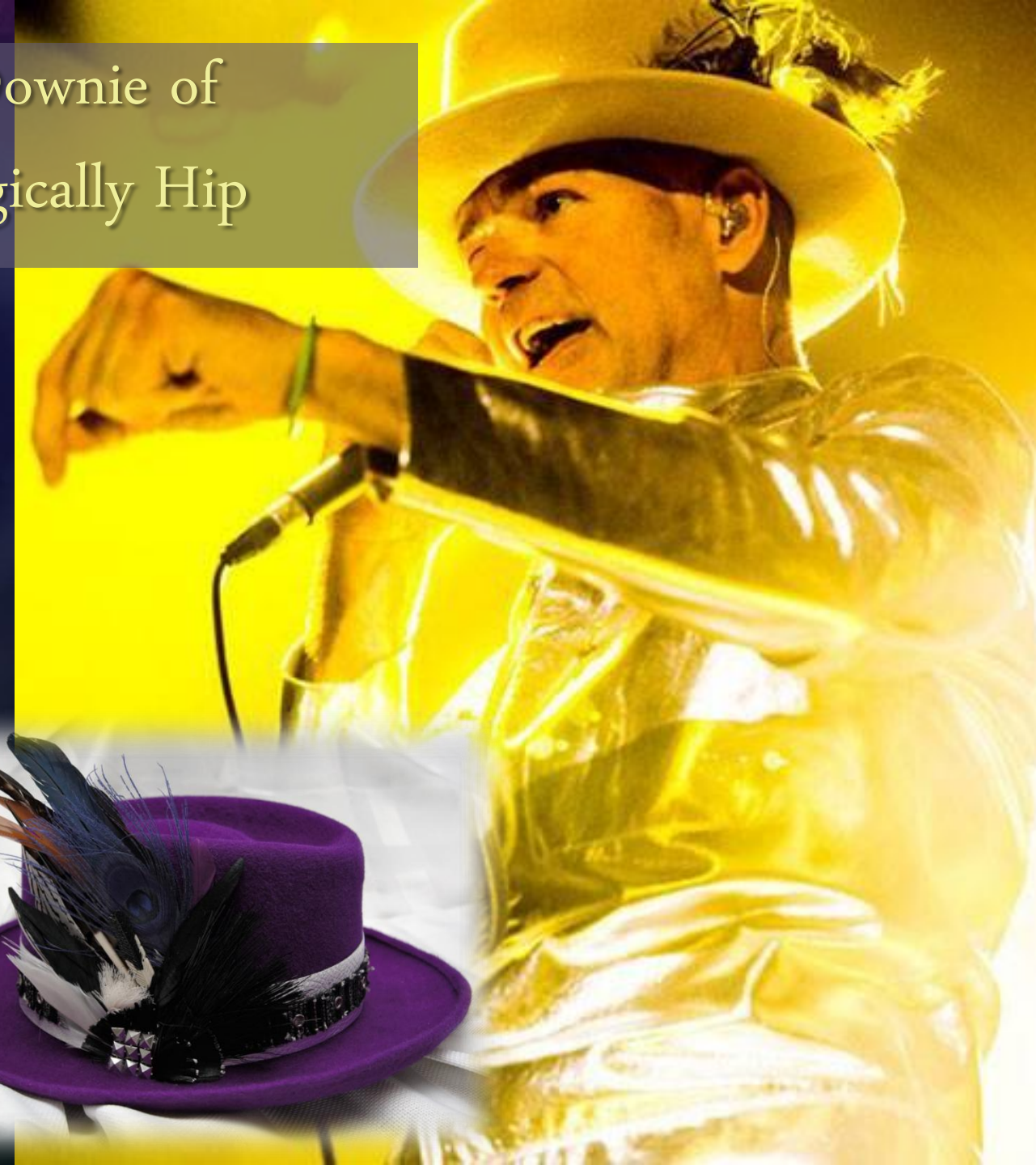
Distraction training: people
have no idea they're suffering

Empathy training for employees aids Applied Thinking.

A full-page background image showing a sunset over a vast ocean. The sun is a bright, glowing orb on the left side, partially obscured by soft, orange-tinted clouds. The sun's light reflects as a shimmering path across the dark blue water. The sky transitions from a deep orange near the horizon to a lighter, hazy yellow at the top. The water in the foreground shows gentle ripples and small waves.

In Conclusion

Gord Downie of
The Tragically Hip



Lilliput Hats



Lilliput Hats



Karyn Ruiz





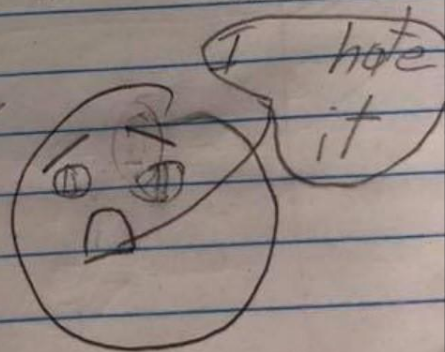
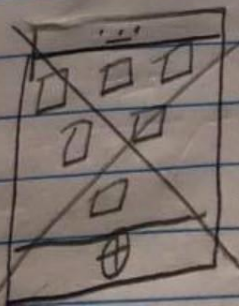
It all started...



5/16/18


Tell me about an invention that you don't like. Why?

If I had to tell you what invention I don't like I would say that I don't like the phone. I don't like the phone because my parent are on their phone every day. A phone is sometimes a really bad habet. I hate my mom's phone and I wish she never had one. That is a invention that I don't like.



A young person with curly hair, wearing a plaid shirt, is shown in profile, focused on painting a canvas on an easel. They are holding a paint palette in their left hand and a brush in their right hand. The scene is lit with warm, golden light, suggesting a sunset or sunrise. In the background, there is a table with various art supplies like brushes and paint tubes. The overall mood is creative and serene.

win back your
IMAGINATION



win back your
DECISION
MAKING

win back your
ATTENTION
and
FOCUS





win back your TIME

DREAM

DECIDE

REPEAT

DO

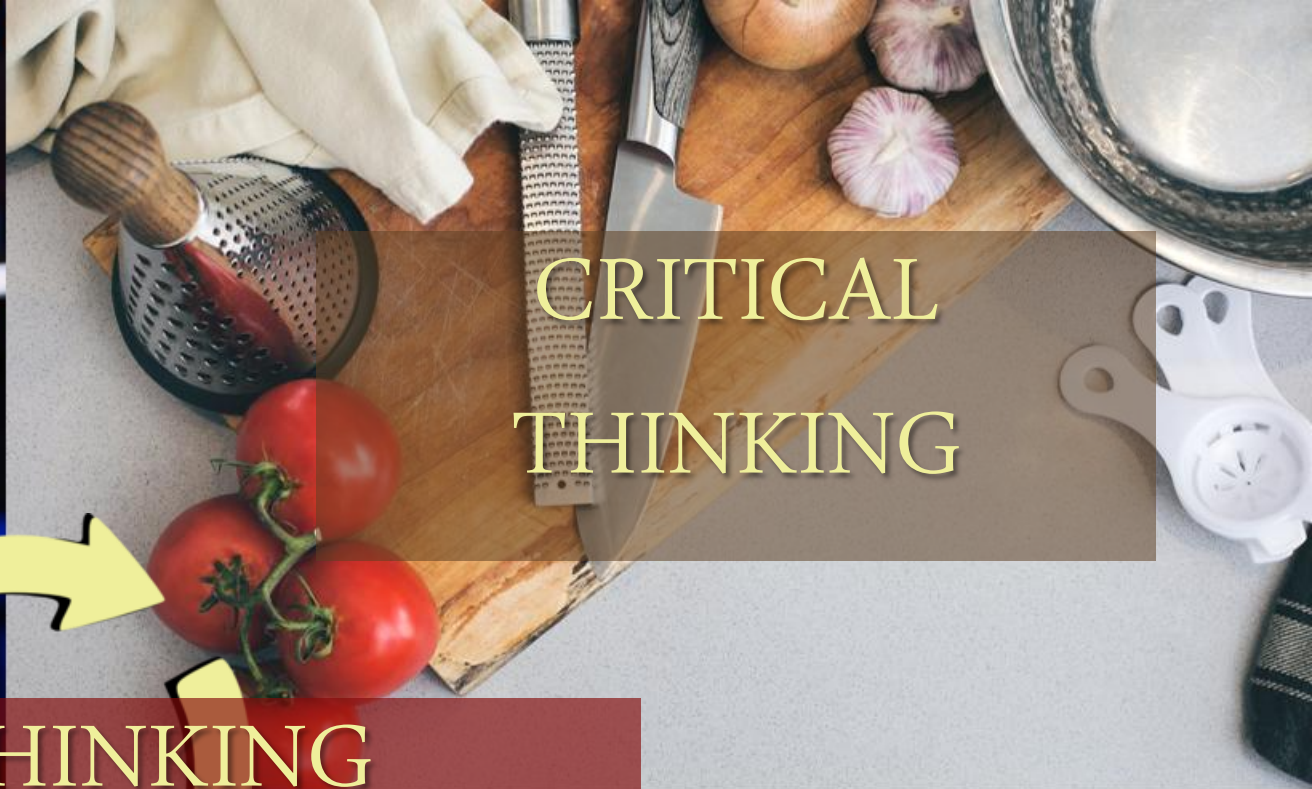
Reflection



Action



CREATIVE
THINKING



CRITICAL
THINKING

OPEN THINKING



APPLIED
THINKING



The generation of new ideas, unleashed
from constraints.

The commitment to
execute a decision.

OPEN THINKING

Do you reflect?

REPEAT

DREAM

DECIDE

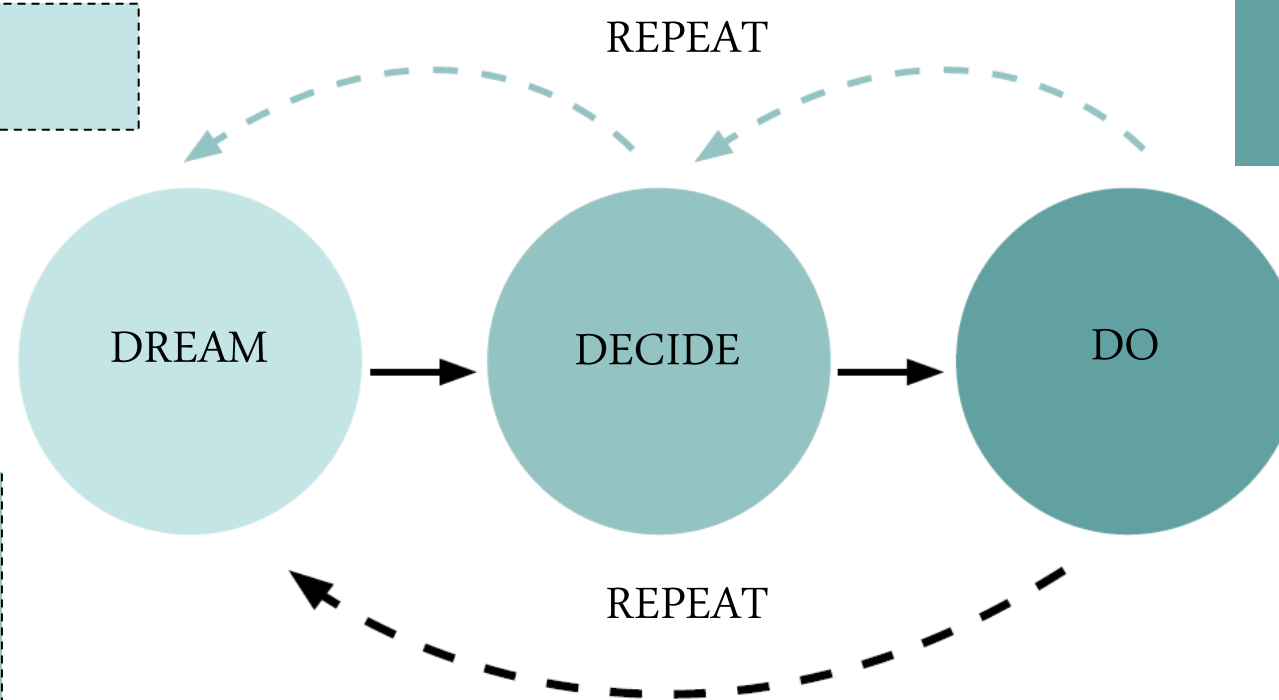
DO

How do you decide?

REPEAT

Will you take
thoughtful action?

The thorough analysis of ideas & facts to make an ethical and
timely decision.



DREAM

DECIDE

DO

REPEAT



(you will)
win back your
LIFE







Visit www.opentothink.com

for more details

Dan Pontefract

Author, Thinker, Chief Envisioner of TELUS

Email: dp@danpontefract.com

Web: www.danpontefract.com

Mobile: 604.838.5894

Twitter: @dpontefract

Facebook: @danpontefractauthor

Instagram: @dan.pontefract

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review. Thanks!

