

#### Communicating Strategically by 'Reading' Others Effectively

Presented by Liz Weber, CMC, CSP



#### **Can you relate?**

- ✓ Go Nowhere Meetings?
- ✓ Blank Stares
- Transmitters & Receivers Not Connecting?



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#### We'll cover...

- 1. Why every employee should understand what strategic communication is
- 2. The power of effective communication over technical ability
- 3. The key communication styles to model to enhance communications
- Simple techniques to help others `get you' and `get it'



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Success

#### Why Strategic Communication Matters

#1

Every Patient, Family Member, Friend or Visitor Has 3 Experiences:

- Clinical Experience
- Physical Experience
- Emotional Experience

Dr. Delos Cosgrove, CEO & President Cleveland Clinic

#### Communicate Strategically = **Communicate with Intent** to Achieve the **Objective(s)**

#### The Success Planning Pyramid<sup>™</sup>



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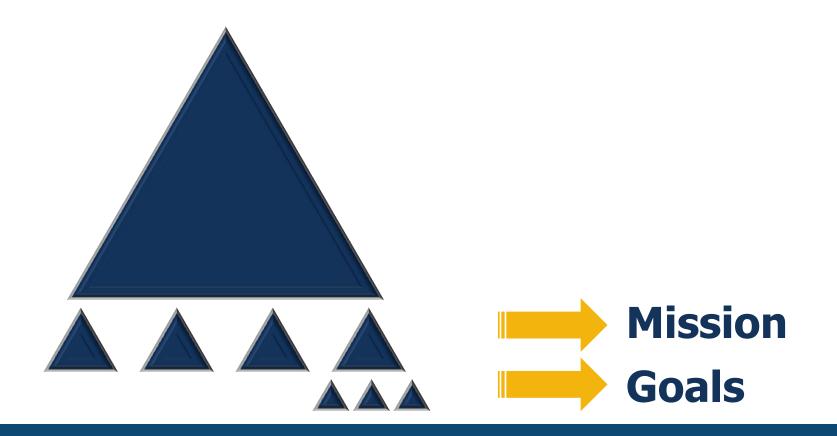
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#### The Success Planning Pyramid™

#### **Department Planning**



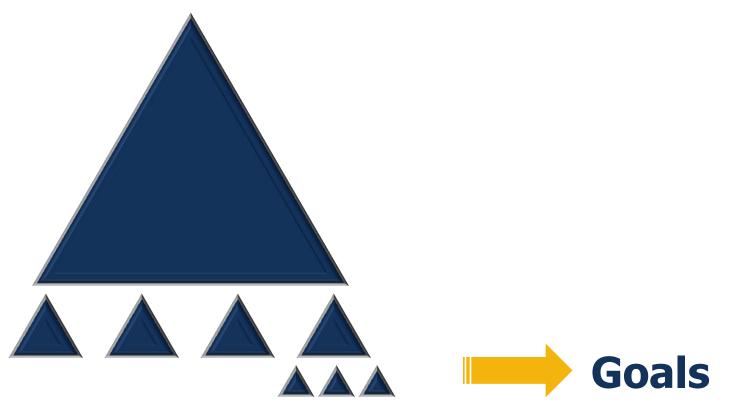
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#### Individual Employee Planning & Development



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#### **Does Everyone Know How They Fit In?**



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### What's your real job?



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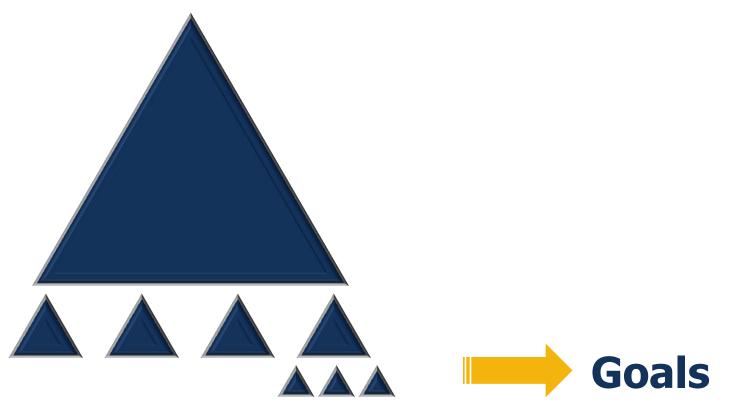






#### The Success Planning Pyramid<sup>™</sup>

#### Individual Employee Planning & Development



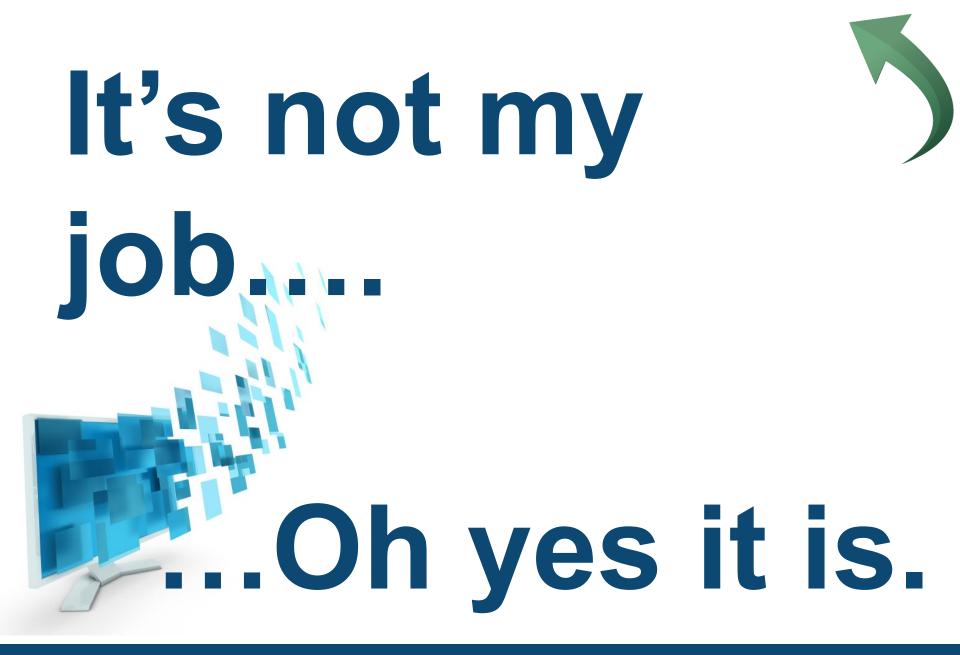
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# WhatMatters<

## WIFM?



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#### Think Strategically...

- Understand YOUR Mission
- Clarify YOUR Deliverables /Outcomes so You are Successful
- Understand THEIR Mission
- Understand THEIR
  Deliverables/Outcomes so
  THEY can be Successful









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#### The power of effective communication over technical ability

#2

"Improving communication among the care team has been shown to greatly impact the team's understanding of goals of care and to decrease length of stay.<sup>6</sup>"

MEDICINE IN CONTEXT Let's Talk About Improving Communication in Healthcare Jonathan E. Gordon, MBA<sup>1</sup> Emme Deland, MBA2 Robert E. Kelly, MD<sup>3</sup> Healthcare providers don't talk to each other enough. Members of the care team-physicians, nurses, social workers and even caregivers—don't spend enough time communicating with each other about the patient's needs, and no one from the care team spends enough time communicating with the patient. The increasingly complex needs of patients, an explosion of medical knowledge, and seismic shifts in healthcare systems have set the stage for a need for more effective communication. Additionally, today's new models of care are focused on maintaining health rather than responding to acute illness. Success demands team-based approaches that are centered on close collaboration among all types of providers from across the care continuum. As a result, achieving the Triple Aim of improving quality, lowering costs and enhancing the patient experience can only be done with a significantly altered and improved communication strategy. 11 office visits over the 80 days from the date of diagnosis until the completion of tumor resection.<sup>2</sup> The statistics cited by the Institute of Medicine (IOM) medicalreview.columbia.edu Col Med Rev 1(1);23-27 25 May 2015 in a 2012 report<sup>1</sup> illustrate some of the challenges. Every year, the average elderly patient sees 7

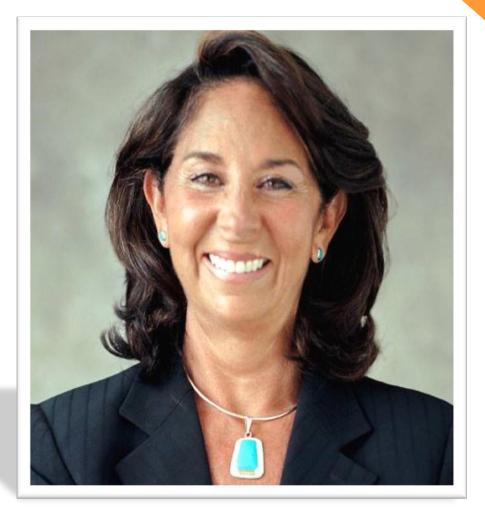
> <sup>6</sup> Provist, P, Berenholtz S, Dorman T, Lipsett PA, Simmonds T, Haraden C. Improving communication in the ICU using daily goals. J Crit Care. 2003 June;18(2):71-5.

#### Be intentional,

"Conversational Intelligence® is the ability to connect, navigate, and grow with others."

"Conversational Intelligence® begins with trust."

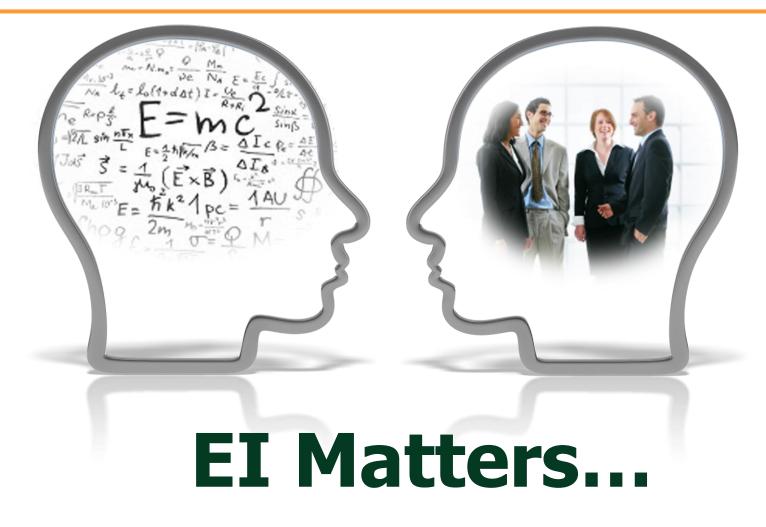
Judith E. Glaser



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#### **Emotional Intelligence**



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#### **Emotional Intelligence Core Skills**

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	What I See	What I Do
<b>Individual Skill</b> (Personal Control & Management)	Self -Awareness	Self – Management
<b>Social Skill</b> (Leadership Skill)	<b>Social Awareness</b> (Team, Family, Friends, Community, etc)	<b>Relationship</b> <b>Management</b> (Team, Family, Friends, Community, etc)

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" A lack of trust is your biggest expense." - David Horsager

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Go deeper. **Observe. Listen.** Ask more questions.

#### What else could help them?

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## Remember the 20-50-30 Rule!



#### Active Supporters

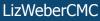
**Benchsitters** 

#### **Resistors/ Fighters**



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Dr. Price Pritchett





#### **Be Candid!**

Stop having the really good conversations with yourself after-the-fact!

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## Earn the right to be candid

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#### Don't overregulate. Communicate."

- Liz Weber, CMC, CSP

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#### It's OK to circle back...

"I've been thinking about the conversation we had earlier. At the time, something was bothering me, but I couldn't articulate it. However, I believe... I disagree and let me explain why... I think we're overlooking a critical issue..."

Build trust. Communicate the good and the bad all year long.

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#### **Do Overs...**

• What I said or did:

• What I should have said or done:

• Going forward, I need to:

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"85% of your financial success is due to your personality and ability to communicate, negotiate, and lead. Shockingly, only 15% is due to technical knowledge.

~ Carnegie Institute of Technology



### "If there is no laughter, there is no trust." Mitzi Perdue

# How have you viewed the importance of laughter in the workplace?

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# Brand Yourself as a Trusted, Strategic Communicator... Solid Technical Skills are Expected

### Don't ignore the importance of enhancing your communication skills.









That to which we give attention grows. **Neuro-plasticity** 

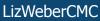
David Rakel, MD

## #3

## Four Core Personality Styles

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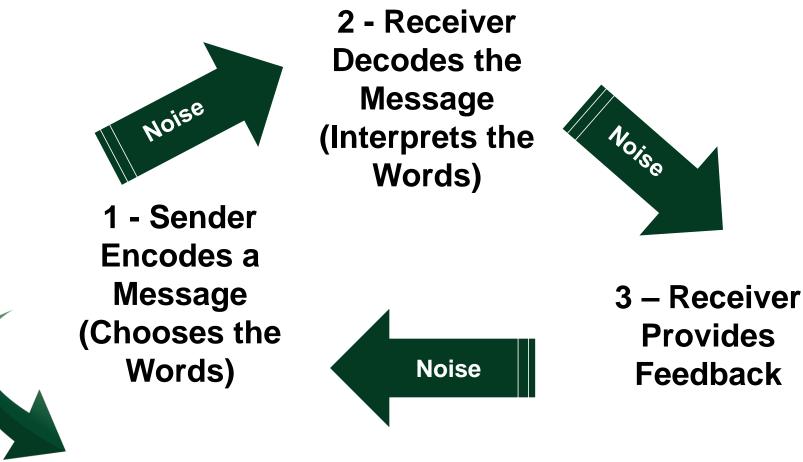






### **Communication Process:**





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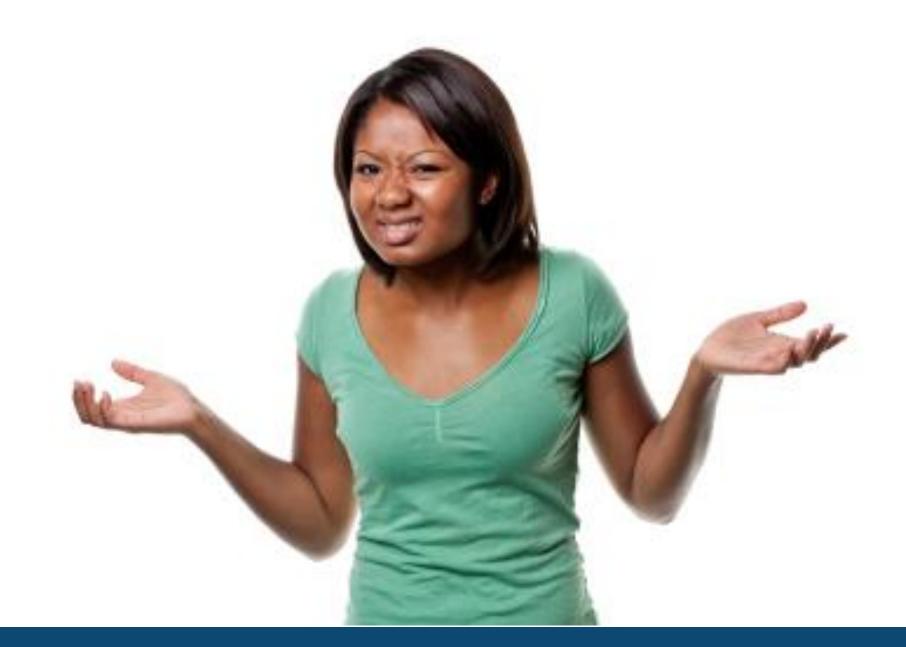
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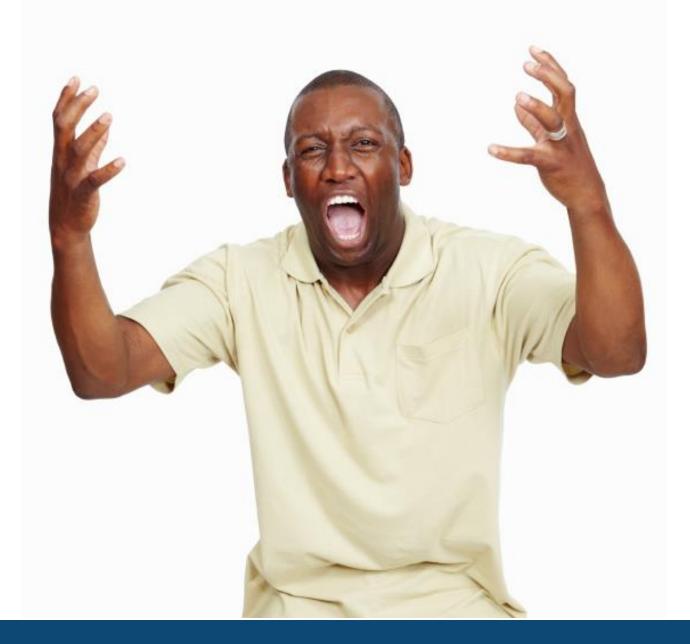














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### "Are you communicating AT them or WITH them?."

- Liz Weber, CMC, CSP

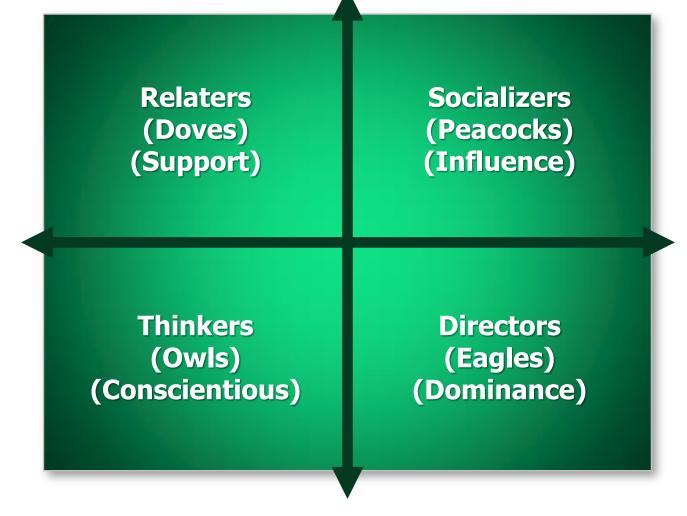


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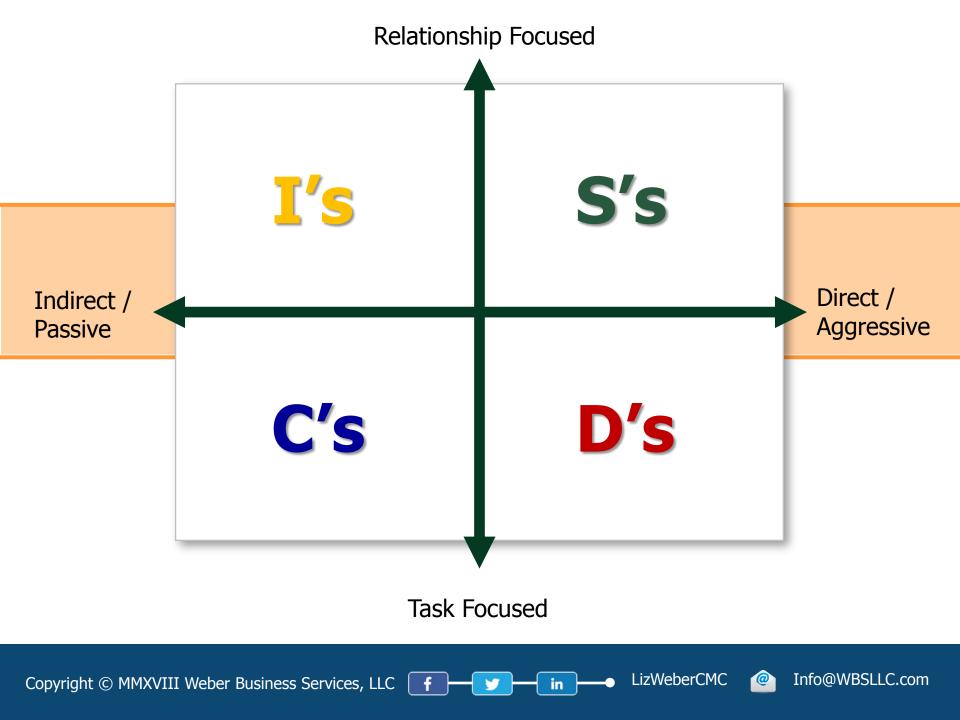
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- Slower Paced
- Supportive
- Counselor
- Security & Peace

# Relater

- Rushing
- Conflict
- Political In-fighting
- Aggressiveness

#### Involvement w/Others

- Center of Attention
- Diversity & New Projects

# Socializer

- Repetition
- Being Alone
- Ego Attacks
- Detailed Work

# Thinker

- Slow, Cautious
- Organized
- Objective, Specific Data
- Intellectual Work
- Being Correct

- Rushing
- Chatter
- Aggressiveness
- Poorly Planned Activities
- Emotion-Based Decisions



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#### Decisive

- Control
- Bottom-Line Summaries
- Fast Pace & Resolutions

Goals

# Director

- Slowness, Indecisiveness
- Excuses
- Passiveness, Whining
- Lack of Effort or Action

Team Members	Director Dominance Eagle	Socializer Influence Peacock	Relater Steadfast Dove	Thinker Conscientious Owl

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Team Members	Director Dominance Eagle	Socializer Influence Peacock	Relater Steadfast Dove	Thinker Conscientious Owl
Maria				
Lee				
Omar				
Jayel				
James				

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Team Members	Director Dominance Eagle	Socializer Influence Peacock	Relater Steadfast Dove	Thinker Conscientious Owl
Maria				X
Lee				Х
Omar				X
Jayel				Х
James				X

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Team Members	Director Dominance Eagle	Socializer Influence Peacock	Relater Steadfast Dove	Thinker Conscientious Owl
Maria	X			
Lee				Х
Omar				X
Jayel			Х	
James	X			

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What does the team need of you?



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"No one sees how you feel; they only see how you look."

**Patricia Fripp** 

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Team Members	Director Dominance Eagle	Socializer Influence Peacock	Relater Steadfast Dove	Thinker Conscientious Owl
Maria	X			
Lee				Х
Omar				X
Jayel			Х	
James	X			

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"Do unto others as they want done unto them."

Dr. Tony Alessandra – The Platinum Rule®



#### **Relaters** Better Interactions:

- Match Their Pace & Space
- Acknowledge Their Concerns, Fears, & Self-Doubt
- Avoid Direct, Blunt Conversations
- Give Them Time to Speak Up

#### **Socializers** Better Interactions:

- Exhibit Energy
- Praise Them When Appropriate
- Have Fun with Them
- Make Time to Socialize
- Give Them The Big Picture View But Specify Their Crucial Role

#### Thinkers Better Interactions:

- Check, Check, and Triple Check Data Before They Receive It
- Show Them Respect
- Match Their Pace & Space
- Give Focused, Precise Answers
- Give Them Time to Process
  information

#### Directors

#### **Better Interactions:**

- Avoid Chit Chat Get to the point -Speak in bullet points
- Project confidence
- Exhibit Energy

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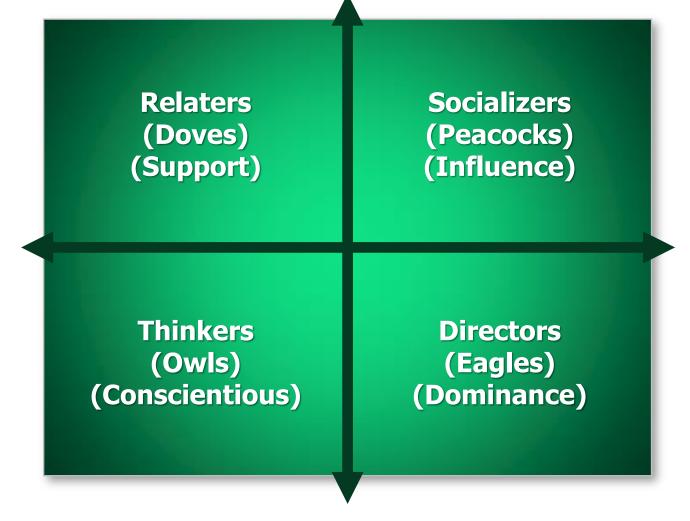
- Get things done
- If you don't know admit it
- If you can't deliver say so

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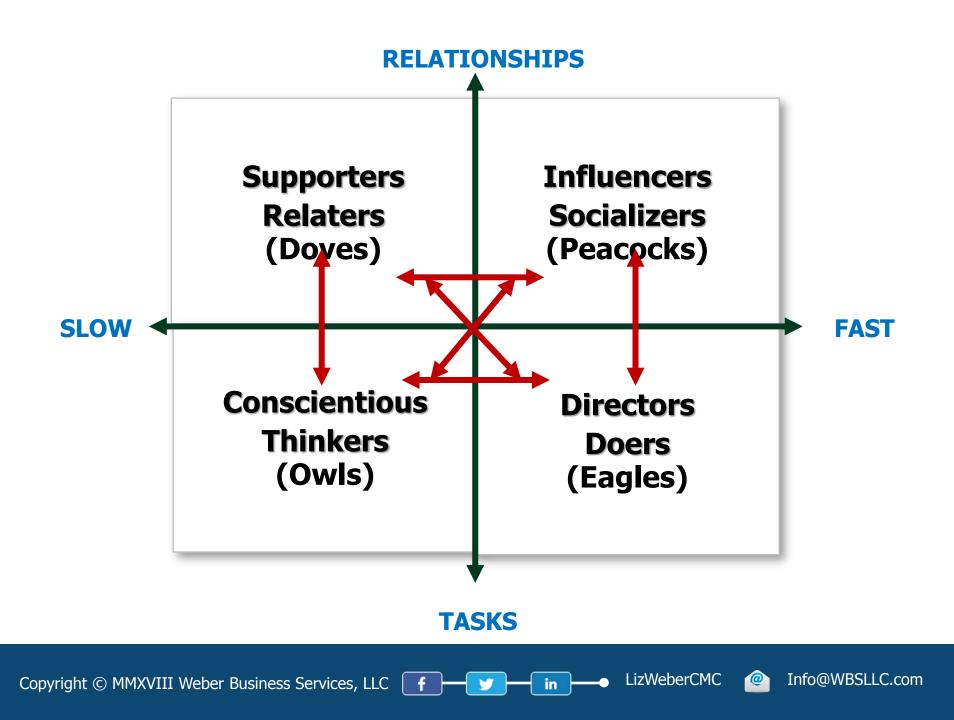
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### **Do Overs...** What would you do differently?





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"When communication fails to effectively convey to others, we're often focusing more on what we want to transmit, and not on how it needs to be conveyed so others will best receive it."

- Liz Weber, CMC, CSP



















### Differences Don't Divide Us... They Make Us...Us!

## Techniques so others `get you' and `get it'

#4

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- Detailed Work





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Goals

# Director

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- Lack of Effort or Action











### The best thing you can do is get good at being you.

**Fortune Cookie** 

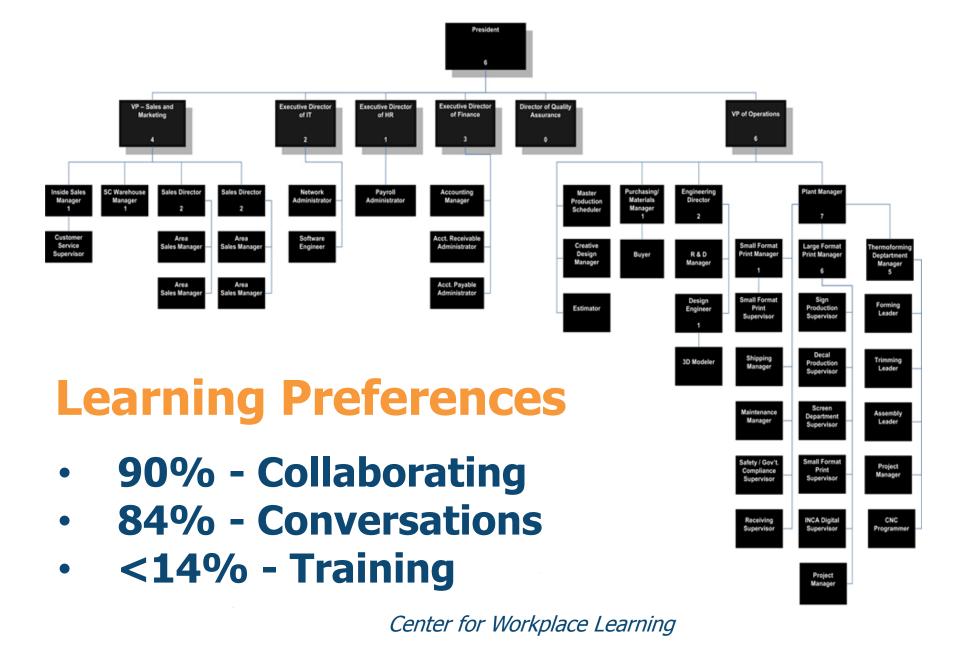
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get good at being you.



### Pick just one skill & work on it.

# (That to which we give attention grows...)



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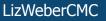
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# What resonated with you today?















# Remember: **To communicate** strategically, focus on THEM not you.

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