

ADVICE on ACING the APTD

Monday, August 21, 2017 1:00pm - 2:00pm ET

Welcome & Congratulations!

- Introduction to presenters:



Amr El-Fass, CPLP

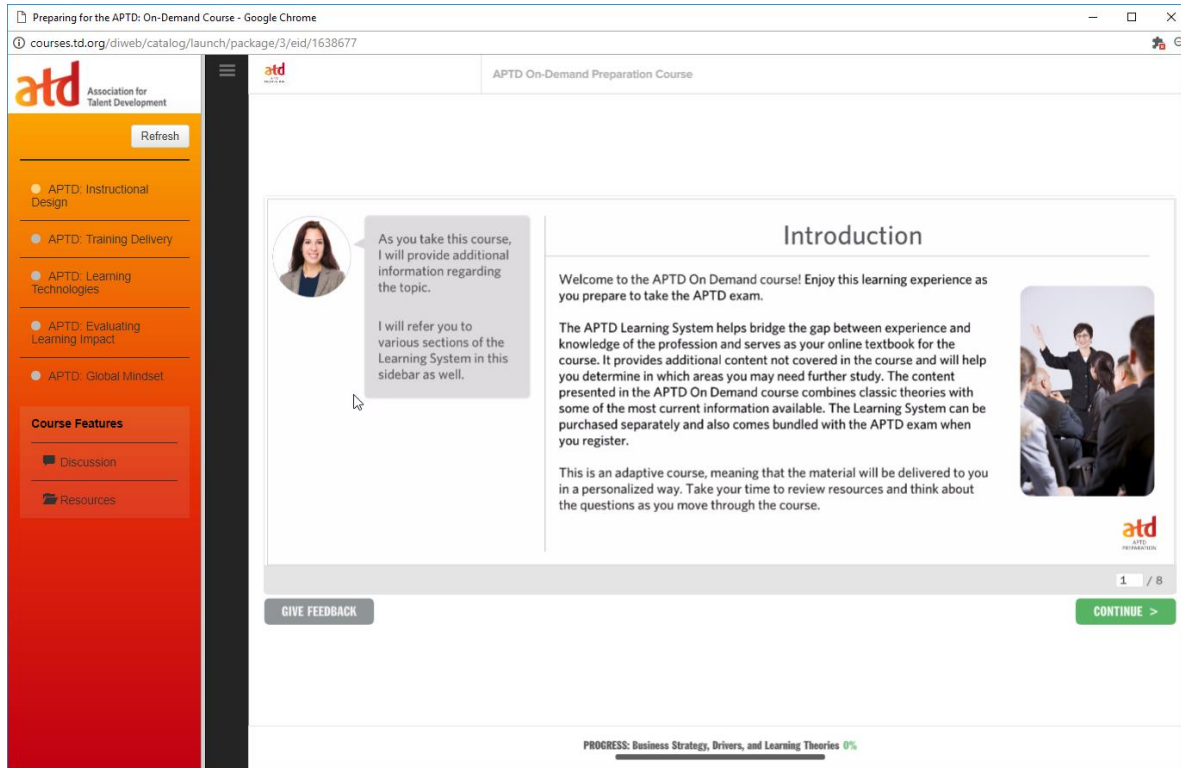


Christina Holloway, CPLP

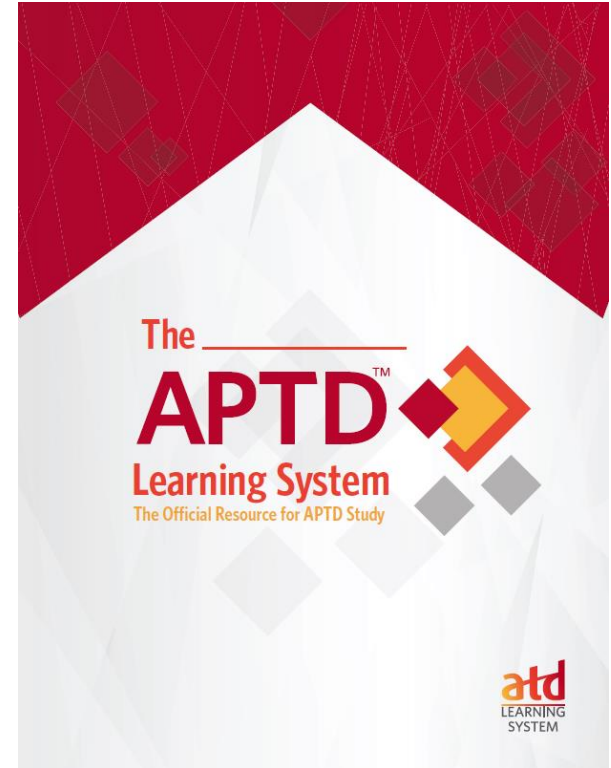
Discussion Outline

- Available resources to study
- Exam Logistics
- Career Development Stack
- Techniques to reduce test anxiety
- Study tips
- Expert corner advice
- Open discussion

Available Resources to Prepare

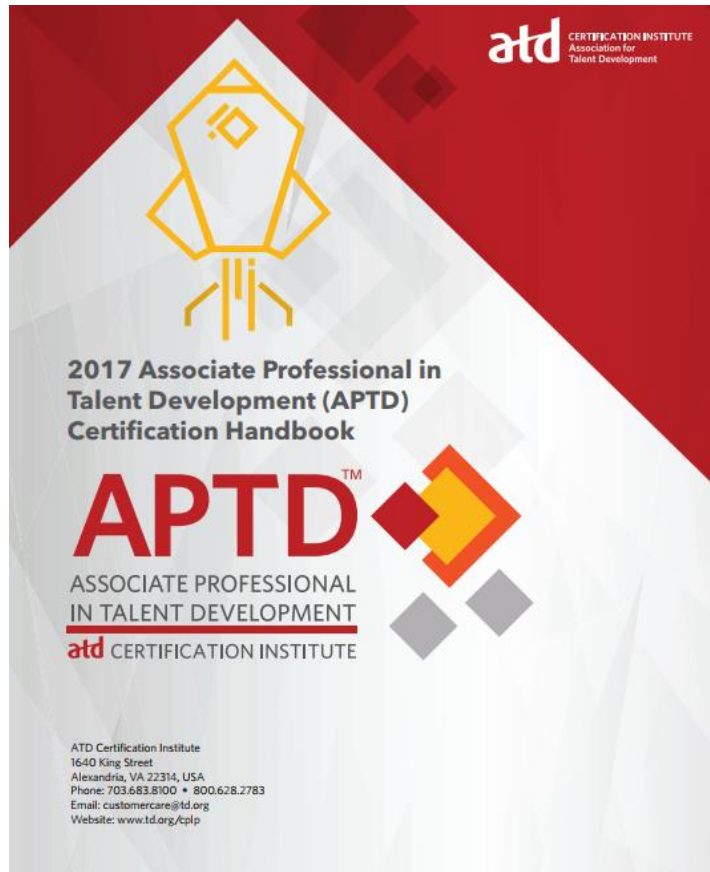


The screenshot shows a web browser window displaying the APTD On-Demand Preparation Course. The browser address bar shows the URL: courses.td.org/diweb/catalog/launch/package/3/eid/1638677. The page features a sidebar on the left with a navigation menu including: APTD Instructional Design, APTD Training Delivery, APTD Learning Technologies, APTD Evaluating Learning Impact, and APTD Global Mindset. Below the menu are sections for Course Features (Discussion, Resources) and a Refresh button. The main content area is titled "Introduction" and includes a welcome message, a video player, and a progress indicator at the bottom showing "PROGRESS: Business Strategy, Drivers, and Learning Theories 0%".



- Two primary resources are APTD prep course on demand and APTD Learning System
- CPLP prep tools related to the AOE's on the exam
- Study groups on LinkedIn and through your local chapter

Exam Logistics



- All information about testing can be found in the APTD Certification Handbook under Phase 4: Test:
 - ▶ Full length form:
 - ◆ 115 multiple choice questions
 - ◆ 120 minutes to complete
 - ▶ Test out for Masters
 - ◆ 72 multiple choice questions
 - ◆ 90 minutes to complete
 - ◆ Only focuses on the other AOE's
 - ▶ Question types: traditional mc and scenario-based mc

Where does APTD fit into the ATD Career Development Stack?



Association for
Talent Development

Career Development Stack



ACHIEVEMENTS: Proven Knowledge, Application, or Experience

CPLP

Certified Professional in Learning and Performance

Our highest certification, granted for successful completion of two exams. Knowledge Exam validates broad mastery in 10 areas of expertise. Requires 80+ hours of preparation. Skills Application Exam validates deep mastery of one area. Requires 40+ hours of preparation.

APTD

Associate Professional in Talent Development

Our newest certification, granted for successful completion of one exam. Knowledge Exam validates deep mastery of three areas of expertise. Requires 50+ hours of preparation.

MASTER SERIES

Assessment-based certificate programs taught by expert facilitators, focused on the mastery of a single area of expertise. Includes one final project.

CERTIFICATES

Classroom-based, online, or on-site workshops focused on building a comprehensive group of skills or concepts.

ONGOING EDUCATION: Launch or Enhance Career Development

ATD ON DEMAND

Self-paced, online, interactive courses available anytime, covering a wide range of topics.

ATD ESSENTIALS

Instructor-led, interactive, application-based online courses focused on a single niche topic.

ATD WEBCASTS

Webcasts presented by industry leaders, authors, and content experts.

ANNUAL
FEAR OF FAILURE
MARATHON

SORRY. I'M
JUST NOT READY
FOR THIS.

SAME
HERE.

APTD

MAYBE
NEXT
YEAR.



A man in a light blue shirt and khaki shorts is sitting on a white sandy beach, viewed from behind. He is using a laptop. The beach is clean and bright, with gentle waves lapping at the shore. In the distance, a small boat is visible on the turquoise water, and a range of blue mountains stretches across the horizon under a blue sky with some clouds. A large, leafy tree is on the right side of the frame.

Relax ...
Buckle your Seatbelt.

How can you reduce APTD test anxiety?

- What is anxiety?
- Study and Be prepared
- Assess your study skills and develop areas that are weaker to ensure successful learning efficiency.
- Keep organized and on task.
- Have a study plan
- Engage in deep breathing for 2-5 minutes
- Tense and relax different muscle groups

Reduce test anxiety (continued)

- Exercise will help you to release anxiety and excess energy and, as a result, reduce body tension.
- Engage in positive self-talk.
- Get enough sleep starting two nights before the exam.
- Keep hydrated.
- Eat well balanced meals.
- Stay relaxed.

What are some good study skills?

- Discover your learning style.
- Improving reading comprehension and note taking.
- Speak out loud instead of simply reading.
- Reward yourself with a treat.
- Teach what you have learned.
- Create mental associations and draw diagrams.
- Use apps to block distracting sites.

How do you study for the APTD?

- Give yourself enough time to study.
- Organize your study space. (37%, 37% & 26%)
- Use flow charts and diagrams.
- Practice exams.
- Engage and/ or form study groups and explain your answers to others
- Take breaks.
- Study a small amount at a time. Skim versus deep study.
- Before proceeding further, test yourself (How the question will look like?)
- TAKE NOTES, underline or highlight

Additional study tips

- Create an outline of the course material using your notes and your textbook.
- Use flashcards.
- Rewrite your notes.
- Teach your coworkers in the coffee breaks / lunch time

Expert corner advise

- Get trained to answer questions as much as possible.
It's all about questioning techniques.
- Use multi-sensory learning experience to enhance learning (listen, read, discuss).
- Get solid experience by joining APTD candidate group on LinkedIn.
Huge value for free.
- Answer APTD Learning System questions at the end of every chapter.
- Pair with someone to test you in glossary items at the end of the APTD learning system.
A good memorizing tool for key concepts.

Expert corner advise

- Study in APTD Candidates Group. Each member study and explain one module to other members on rotation basis as per a study plan. ATD learning system contains all required tips and tools for study group.
- Put an action plan from today till the exam targeted date.
- Dedicate 10-15 days before exam for reviewing all modules and answering as much questions and tests as possible
- Put yourself in the exam mode. Get at least two tests using timing. The more the better.
- Sources of timed exams are: APTD practice exam on ATD website.

Expert corner advise / Contd.

- Develop your own mind map of each module using colors to remind you of the main concepts.
- In the day before knowledge exam review only mind maps, specific glossary items you highlighted during studying and get one timed test. Sleep early 😊.
- Being relaxed during the exam is a very important key for success. Plan to arrive 45 minutes early to the exam location to avoid any rush or parking issues that may make you late.
- During the Exam don't take more than 1 minute in one question. If a question needs more time just record its number and get back to it later you will have time for it at the end.

Expert corner advise / Contd.

- During the exam don't review your answers. Read the question carefully from the first time and your first answer will be the right one!
- Cheat sheet and brain dump
- Enjoy every moment in the journey. Learning is FUN!
- Imagine the final APTD Exam Result Screen with the word "PASS". Put it on every single wall, office, and room in your home. You'll Do It 😊.

