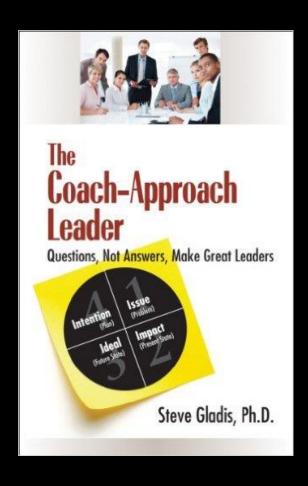
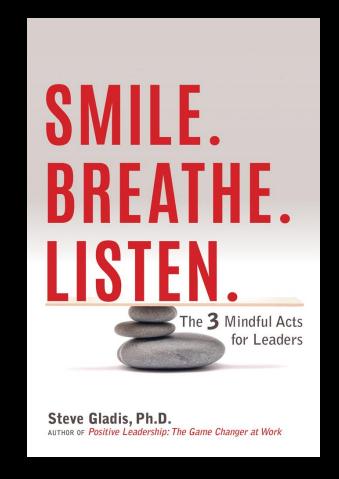
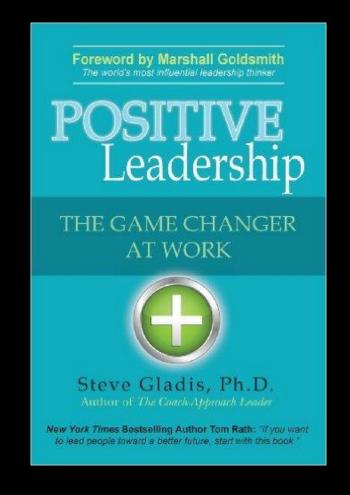
## Ask the Coach Steve Gladis, Ph.D.



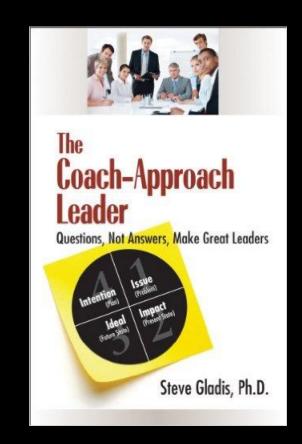




### Coaching:

How do you create a culture of coaching?

- Learn the Process
- Teach Line Managers
- Make coaching the default model



# Coaching Poll

My company has an internal coaching program:

## Onboarding:

What are the key principles of successful onboarding?

- First Be No Threat!
- Hit the ground listening
- Get a mentor
- Get a coach

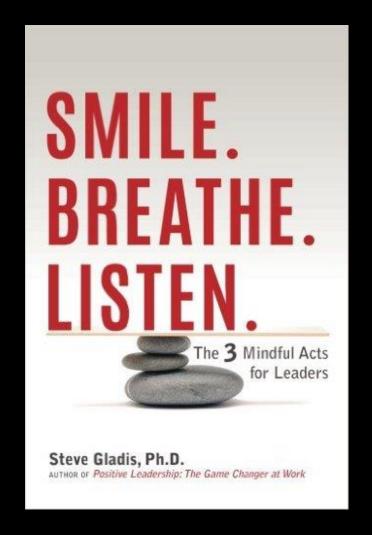
# Onboarding Poll

My company has an onboarding process for execs: Y N

## Mindfulness:

What's it take?

- Smile.
- Breathe.
- Listen.



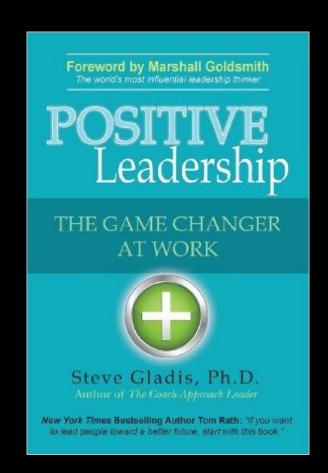
#### Mindfulness Poll

- I'm a good "smiler" at work: Y N
- I stay calm under stress at work: Y N
- I'm a good listener at work:

## Positive Leadership:

What is it and how to own it?

- Develop Social Networks
- Work in Your Strengths
- Practice Psychological and Physical Activities



#### Positive Leadership Poll

My boss is a positive leader:

Y N

• I'm a positive leader: Y N

- After this webinar, take this online assessment to find out your positive leadership score
  - <a href="http://www.stevegladisleadershippartners.com/positive-leadership/positive-leadership/positive-leadership-score-2">http://www.stevegladisleadershippartners.com/positive-leadership/positive-leaders

- Contacts for Steve Gladis
- Email: <u>sgladis@stevegladis.com</u>
- Phone: 703-424-3780
- Address:
- 4031 University Drive
- Fairfax, VA 22030
- www.stevegladis.com